

Menu Planning

MEAL IDEAS



MEATLESS

- RUSTIC TOMATO ZUCCHINI TART
- HEALTHY BAKED EGGPLANT PARMESAN
- VEGETARIAN ENCHILADAS
- VEGETARIAN BAKED ZITI
- FALAFEL PITA
- TOFU STIR-FRY
- SPINACH LASAGNA
- THREE BEAN CHILI
- MUSHROOM RISOTTO
- KOREAN FRIED CAULIFLOWER
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CHICKEN

- HASSELBACK CHICKEN
- CAST IRON CHICKEN BREASTS
- INSTANT POT BBQ CHICKEN SANDWICHES
- EASY CHICKEN MARSALA
- CHICKEN PARMESAN
- BREADED CHICKEN CUTLETS
- DUTCH OVEN ROAST CHICKEN
- ONE PAN CHICKEN AND POTATOES
- CREAMY CHICKEN ENCHILADAS
- CHICKEN POT PIE
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PIZZA & PASTA

- CHEESY CHILI PASTA CASSEROLE
- PASTA FAGIOLI SOUP
- CHEESY BAKED TORTELLINI CASSEROLE
- PANERA MAC AND CHEESE COPYCAT RECIPE
- PIZZA AND PEPPERONI BRAID
- CAST IRON PAN PIZZA
- BACON AND SPINACH ALFREDO PIZZA
- TUSCAN ROMA PIZZA
- FRENCH BREAD PIZZA WITH HOMEMADE MEAT SAUCE
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MEXICAN & ITALIAN

- CROCK POT SALSA CHICKEN
- EASY STEAK FAJITAS
- CREAMY CHICKEN ENCHILADAS
- CHICKEN TORTILLA SOUP
- CHEESY EASY MUMMY QUESADILLAS
- SAUSAGE AND PEPPERONI STROMBOLI ROLL
- ITALIAN STYLE BREADED CHICKEN CUTLETS
- PIZZA AND PEPPERONI BRAID
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SOUP

- EASY FRENCH ONION SOUP
- CHICKEN MUSHROOM FLORENTINE SOUP
- POTATO AND CORN CHOWDER
- THREE BEAN MINISTRONE SOUP
- HOMEMADE LOADED POTATO SOUP
- HOMEMADE BEEF BARLEY SOUP
- CHICKEN TORTILLA SOUP
- ITALIAN WEDDING SOUP
- ITALIAN TOMATO SOUP
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SIDE DISH

- ASPARAGUS AND CHEESE PUFF PASTRY TART
- SMASHED LOADED CAULIFLOWER BITES
- CHEESY CORN PUDDING CASSEROLE
- CANDIED SWEET POTATOES
- CLASSIC THANKSGIVING STUFFING
- CHEESY ZUCCHINI CASSEROLE
- PANERA MAC AND CHEESE COPYCAT
- TWICE BAKED STUFFED POTATOES
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