

Weekly Meal

PLANNER



Meal Plan #19 - February 8 - February 14

MONDAY
Leftovers

**Beef
Macaroni
Casserole**

TUESDAY
*Tacos or
Mexican*

**Easy Steak
Fajitas**

WEDNESDAY
*Chicken,
Beef or Fish*

**Bruschetta
Chicken
Pasta**

THURSDAY
*Italian or
Pasta*

**Cheesy
Baked
Tortellini
Casserole**

FRIDAY
*Sandwiches
and Soup*

**Crock Pot
Pulled Pork
Sandwich**

SATURDAY
*Pizza or
Order Out*

**Pizza and
Pepperoni
Braid**

SUNDAY
*Comfort
Food*

**Chicken
Cutlet with
Mayo and
Ritz
Crackers**

NOTES