

# Weekly Meal

## PLANNER



Meal Plan #20 - February 22 - February 28

**MONDAY**  
*Leftovers*

\_\_\_\_\_  
\_\_\_\_\_  
**Monterey  
Chicken and  
Pasta**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**TUESDAY**  
*Tacos or  
Mexican*

\_\_\_\_\_  
\_\_\_\_\_  
**Crock Pot  
Salsa  
Chicken**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**WEDNESDAY**  
*Chicken,  
Beef or Fish*

\_\_\_\_\_  
\_\_\_\_\_  
**Homemade  
Chicken  
Nuggets  
with  
Dipping  
Sauce**  
\_\_\_\_\_  
\_\_\_\_\_

**THURSDAY**  
*Italian or  
Pasta*

\_\_\_\_\_  
\_\_\_\_\_  
**Taco  
Macaroni  
Casserole**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FRIDAY**  
*Sandwiches  
and Soup*

\_\_\_\_\_  
\_\_\_\_\_  
**Homemade  
Alphabet  
Soup with  
Grilled  
Cheese  
Sandwiches**  
\_\_\_\_\_  
\_\_\_\_\_

**SATURDAY**  
*Pizza or  
Order Out*

\_\_\_\_\_  
\_\_\_\_\_  
**French  
Bread Pizza**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SUNDAY**  
*Comfort  
Food*

\_\_\_\_\_  
\_\_\_\_\_  
**Homemade  
Chicken Pot  
Pie**  
\_\_\_\_\_  
\_\_\_\_\_  
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**NOTES**

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