

# Weekly Meal

## PLANNER



Meal Plan #23 - March 15 - March 21

**MONDAY**  
*Chicken*

Mini Tex  
Mex  
Chicken and  
Cheese Pies  
from  
Tablespoon

**TUESDAY**  
*Italian*

Shredded  
Chicken  
Taco Salad

**WEDNESDAY**  
*Chicken,  
Beef or Fish*

Creamy  
Chicken and  
Rice Soup

**THURSDAY**  
*Italian or  
Pasta*

Monterey  
Chicken and  
Pasta

**FRIDAY**  
*Sandwiches  
and Soup*

Chicken  
Caesar Pitas

**SATURDAY**  
*Pizza or  
Order Out*

White Pizza  
with  
Chicken and  
Fresh Herbs

**SUNDAY**  
*Comfort  
Food*

Skillet  
Chicken Pot  
Pie with  
Biscuits

**NOTES**

