

Weekly Meal

PLANNER



Meal Plan #26 - April 12 - April 17

MONDAY
Meatless
Meal

**Chili Beef
and Noodles**

TUESDAY
Mexican

**Copypat
Chipotle
Chicken
Bowl**

WEDNESDAY
*Chicken,
Beef or Fish*

**Honey
Garlic
Chicken**

THURSDAY
*Italian or
Pasta*

**Chicken
with
Spaghetti**

FRIDAY
*Sandwiches
and Soup*
**Budget
Friendly
Tuna Salad**

SATURDAY
*Pizza or
Order Out*
**Homemade
Beer Dough
Pizza**

SUNDAY
*Comfort
Food*
**Pesto and
Goat Cheese
Stuffed
Chicken**

NOTES

