

# Weekly Meal

## PLANNER



Meal Plan #27 - April 19 - April 25

**MONDAY**  
*Meatless*  
*Meal*

**5 Ingredient**  
**Black Bean**  
**Pasta**  
**Recipe**

**TUESDAY**  
*Mexican*

**Chicken**  
**Enchiladas**  
**Casserole**

**WEDNESDAY**  
*Chicken,*  
*Beef or Fish*

**Tuna Salad**  
**Sandwiches**

**THURSDAY**  
*Italian or*  
*Pasta*

**Spaghetti**  
**with Crock**  
**Pot Tomato**  
**Sauce**

**FRIDAY**  
*Sandwiches*  
*and Soup*  
**Potato Corn**  
**Chowder**

**SATURDAY**  
*Pizza or*  
*Order Out*  
**Bubble Up**  
**Pizza**  
**Casserole**

**SUNDAY**  
*Comfort*

*Food*  
**Skillet**  
**Chicken Pot**  
**Pie with**  
**Biscuits**

**NOTES**

