Weekly Meal PLANNER

Week #31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
30 Minute Caprese Chicken	Lemon Pepper Garlic Shrimp	Lasagna for Two	Honey Garlic Chicken

FRIDAY	SATURDAY	SUNDAY	NOTES
Shepherd's Pie for Two	French Bread Pizza	Cornflake Chicken	

Weekly Meal

SHOPPING LIST

Freezer

INVENTORY