Weekly Meal PLANNER

Week #34

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Healthy Mac and Cheese with Veggies	Tex Mex Casserole	Air Fryer Turkey Burgers	Chicken Parmesan Sandwich

FRIDAY	SATURDAY	SUNDAY	NOTES
Italian Tomato Soup with Grilled Cheese Croutons	Mini Deep Dish Pizzas	Chicken with Mashed Potatoes and Gravy	

Weekly Meal

SHOPPING LIST

Freezer

INVENTORY