Weekly Meal PLANNER

Week #36

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Sausage and Peppers	Salsa Chicken served as tacos or over salad	Instant Pot Pasta Primavera	Lemon Garlic Shrimp

FRIDAY	SATURDAY	SUNDAY	NOTES
Sauteed Chicken Cutlets	Air Fryer Pizza	Cast iron Steak	

Weekly Meal

SHOPPING LIST

Freezer

INVENTORY